



# Microwave Conversion Chart Convert Recipe for 1000-Watt Oven To 850-Watt Oven

Courtesy of *Microwave Cooking for One*  
by Marie T. Smith

Instructions: Find the cooking time indicated in your Microwave Recipe under 'Recipe Time 1000 WATTS.' The time next to it under 'Convert to 850 WATTS' is the time you should use instead of the time in the recipe.

| Recipe Time 1000 WATTS<br>MIN:SEC | Convert to 850 WATTS<br>MIN:SEC |
|-----------------------------------|---------------------------------|
| 00:05                             | 00:06                           |
| 00:10                             | 00:12                           |
| 00:15                             | 00:18                           |
| 00:20                             | 00:24                           |
| 00:25                             | 00:29                           |
| 00:30                             | 00:35                           |
| 00:35                             | 00:41                           |
| 00:40                             | 00:47                           |
| 00:45                             | 00:53                           |
| 00:50                             | 00:59                           |
| 00:55                             | 01:05                           |
| 01:00                             | 01:11                           |
| 01:05                             | 01:16                           |
| 01:10                             | 01:22                           |
| 01:15                             | 01:28                           |
| 01:20                             | 01:34                           |
| 01:25                             | 01:40                           |
| 01:30                             | 01:46                           |
| 01:35                             | 01:52                           |
| 01:40                             | 01:58                           |
| 01:45                             | 02:04                           |
| 01:50                             | 02:09                           |
| 01:55                             | 02:15                           |
| 02:00                             | 02:21                           |
| 02:05                             | 02:27                           |
| 02:10                             | 02:33                           |
| 02:15                             | 02:39                           |
| 02:20                             | 02:45                           |
| 02:25                             | 02:51                           |
| 02:30                             | 02:56                           |

| Recipe Time 1000 WATTS<br>MIN:SEC | Convert to 850 WATTS<br>MIN:SEC |
|-----------------------------------|---------------------------------|
| 02:35                             | 03:02                           |
| 02:40                             | 03:08                           |
| 02:45                             | 03:14                           |
| 02:50                             | 03:20                           |
| 02:55                             | 03:26                           |
| 03:00                             | 03:32                           |
| 03:05                             | 03:38                           |
| 03:10                             | 03:44                           |
| 03:15                             | 03:49                           |
| 03:20                             | 03:55                           |
| 03:25                             | 04:01                           |
| 03:30                             | 04:07                           |
| 03:35                             | 04:13                           |
| 03:40                             | 04:19                           |
| 03:45                             | 04:25                           |
| 03:50                             | 04:31                           |
| 03:55                             | 04:36                           |
| 04:00                             | 04:42                           |
| 04:05                             | 04:48                           |
| 04:10                             | 04:54                           |
| 04:15                             | 05:00                           |
| 04:20                             | 05:06                           |
| 04:25                             | 05:12                           |
| 04:30                             | 05:18                           |
| 04:35                             | 05:24                           |
| 04:40                             | 05:29                           |
| 04:45                             | 05:35                           |
| 04:50                             | 05:41                           |
| 04:55                             | 05:47                           |
| 05:00                             | 05:53                           |

| Recipe Time 1000 WATTS<br>MIN:SEC | Convert to 850 WATTS<br>MIN:SEC |
|-----------------------------------|---------------------------------|
| 05:05                             | 05:59                           |
| 05:10                             | 06:05                           |
| 05:15                             | 06:11                           |
| 05:20                             | 06:16                           |
| 05:25                             | 06:22                           |
| 05:30                             | 06:28                           |
| 05:35                             | 06:34                           |
| 05:40                             | 06:40                           |
| 05:45                             | 06:46                           |
| 05:50                             | 06:52                           |
| 05:55                             | 06:58                           |
| 06:00                             | 07:04                           |
| 06:05                             | 07:09                           |
| 06:10                             | 07:15                           |
| 06:15                             | 07:21                           |
| 06:20                             | 07:27                           |
| 06:25                             | 07:33                           |
| 06:30                             | 07:39                           |
| 06:35                             | 07:45                           |
| 06:40                             | 07:51                           |
| 06:45                             | 07:56                           |
| 06:50                             | 08:02                           |
| 06:55                             | 08:08                           |
| 07:00                             | 08:14                           |
| 07:05                             | 08:20                           |
| 07:10                             | 08:26                           |
| 07:15                             | 08:32                           |
| 07:20                             | 08:38                           |
| 07:25                             | 08:44                           |
| 07:30                             | 08:49                           |

| Recipe Time 1000 WATTS<br>MIN:SEC | Convert to 850 WATTS<br>MIN:SEC |
|-----------------------------------|---------------------------------|
| 07:35                             | 08:55                           |
| 07:40                             | 09:01                           |
| 07:45                             | 09:07                           |
| 07:50                             | 09:13                           |
| 07:55                             | 09:19                           |
| 08:00                             | 09:25                           |
| 08:05                             | 09:31                           |
| 08:10                             | 09:36                           |
| 08:15                             | 09:42                           |
| 08:20                             | 09:48                           |
| 08:25                             | 09:54                           |
| 08:30                             | 10:00                           |
| 08:35                             | 10:06                           |
| 08:40                             | 10:12                           |
| 08:45                             | 10:18                           |
| 08:50                             | 10:24                           |
| 08:55                             | 10:29                           |
| 09:00                             | 10:35                           |
| 09:05                             | 10:41                           |
| 09:10                             | 10:47                           |
| 09:15                             | 10:53                           |
| 09:20                             | 10:59                           |
| 09:25                             | 11:05                           |
| 09:30                             | 11:11                           |
| 09:35                             | 11:16                           |
| 09:40                             | 11:22                           |
| 09:45                             | 11:28                           |
| 09:50                             | 11:34                           |
| 09:55                             | 11:40                           |
| 10:00                             | 11:46                           |

**For Additional Conversion Charts, Visit Our Website:**  
<http://www.microwavCookingforone.com/Charts/>