



Microwave Conversion Chart
 Convert Recipe for 600-Watt Oven
 To 1800-Watt Oven
 Courtesy of *Microwave Cooking for One*
 by Marie T. Smith

Instructions: Find the cooking time indicated in your Microwave Recipe under 'Recipe Time 600 WATTS.' The time next to it under 'Convert to 1800 WATTS' is the time you should use instead of the time in the recipe.

| Recipe Time 600 WATTS | Convert to 1800 WATTS |
|-----------------------|-----------------------|
| MIN:SEC | MIN:SEC |
| 00:05 | 00:02 |
| 00:10 | 00:03 |
| 00:15 | 00:05 |
| 00:20 | 00:07 |
| 00:25 | 00:08 |
| 00:30 | 00:10 |
| 00:35 | 00:12 |
| 00:40 | 00:13 |
| 00:45 | 00:15 |
| 00:50 | 00:17 |
| 00:55 | 00:18 |
| 01:00 | 00:20 |
| 01:05 | 00:22 |
| 01:10 | 00:23 |
| 01:15 | 00:25 |
| 01:20 | 00:27 |
| 01:25 | 00:28 |
| 01:30 | 00:30 |
| 01:35 | 00:32 |
| 01:40 | 00:33 |
| 01:45 | 00:35 |
| 01:50 | 00:37 |
| 01:55 | 00:38 |
| 02:00 | 00:40 |
| 02:05 | 00:42 |
| 02:10 | 00:43 |
| 02:15 | 00:45 |
| 02:20 | 00:47 |
| 02:25 | 00:48 |
| 02:30 | 00:50 |

| Recipe Time 600 WATTS | Convert to 1800 WATTS |
|-----------------------|-----------------------|
| MIN:SEC | MIN:SEC |
| 02:35 | 00:52 |
| 02:40 | 00:53 |
| 02:45 | 00:55 |
| 02:50 | 00:57 |
| 02:55 | 00:58 |
| 03:00 | 01:00 |
| 03:05 | 01:02 |
| 03:10 | 01:03 |
| 03:15 | 01:05 |
| 03:20 | 01:07 |
| 03:25 | 01:08 |
| 03:30 | 01:10 |
| 03:35 | 01:12 |
| 03:40 | 01:13 |
| 03:45 | 01:15 |
| 03:50 | 01:17 |
| 03:55 | 01:18 |
| 04:00 | 01:20 |
| 04:05 | 01:22 |
| 04:10 | 01:23 |
| 04:15 | 01:25 |
| 04:20 | 01:27 |
| 04:25 | 01:28 |
| 04:30 | 01:30 |
| 04:35 | 01:32 |
| 04:40 | 01:33 |
| 04:45 | 01:35 |
| 04:50 | 01:37 |
| 04:55 | 01:38 |
| 05:00 | 01:40 |

| Recipe Time 600 WATTS | Convert to 1800 WATTS |
|-----------------------|-----------------------|
| MIN:SEC | MIN:SEC |
| 05:05 | 01:42 |
| 05:10 | 01:43 |
| 05:15 | 01:45 |
| 05:20 | 01:47 |
| 05:25 | 01:48 |
| 05:30 | 01:50 |
| 05:35 | 01:52 |
| 05:40 | 01:53 |
| 05:45 | 01:55 |
| 05:50 | 01:57 |
| 05:55 | 01:58 |
| 06:00 | 02:00 |
| 06:05 | 02:02 |
| 06:10 | 02:03 |
| 06:15 | 02:05 |
| 06:20 | 02:07 |
| 06:25 | 02:08 |
| 06:30 | 02:10 |
| 06:35 | 02:12 |
| 06:40 | 02:13 |
| 06:45 | 02:15 |
| 06:50 | 02:17 |
| 06:55 | 02:18 |
| 07:00 | 02:20 |
| 07:05 | 02:22 |
| 07:10 | 02:23 |
| 07:15 | 02:25 |
| 07:20 | 02:27 |
| 07:25 | 02:28 |
| 07:30 | 02:30 |

| Recipe Time 600 WATTS | Convert to 1800 WATTS |
|-----------------------|-----------------------|
| MIN:SEC | MIN:SEC |
| 07:35 | 02:32 |
| 07:40 | 02:33 |
| 07:45 | 02:35 |
| 07:50 | 02:37 |
| 07:55 | 02:38 |
| 08:00 | 02:40 |
| 08:05 | 02:42 |
| 08:10 | 02:43 |
| 08:15 | 02:45 |
| 08:20 | 02:47 |
| 08:25 | 02:48 |
| 08:30 | 02:50 |
| 08:35 | 02:52 |
| 08:40 | 02:53 |
| 08:45 | 02:55 |
| 08:50 | 02:57 |
| 08:55 | 02:58 |
| 09:00 | 03:00 |
| 09:05 | 03:02 |
| 09:10 | 03:03 |
| 09:15 | 03:05 |
| 09:20 | 03:07 |
| 09:25 | 03:08 |
| 09:30 | 03:10 |
| 09:35 | 03:12 |
| 09:40 | 03:13 |
| 09:45 | 03:15 |
| 09:50 | 03:17 |
| 09:55 | 03:18 |
| 10:00 | 03:20 |